

Physics Department, Tohoku University,
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Nuclear Forces

- Lecture 5 -

**EFT for Low-energy QCD and
nuclear two-body forces**

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Lecture 5: EFT for low-energy QCD and nuclear two-body forces

- An EFT for low-energy QCD: Why?
- An EFT for low-energy QCD: How?
- Power counting
- The Lagrangians
- The Diagrams: Hierarchy of nuclear force
- The new generation of chiral NN potentials

Knowing the symmetries, we can now apply ...

Weinberg's
“Folk
Theorem”



Weinberg

If one writes down the most general possible Lagrangian, including all terms consistent with assumed symmetry principles, and then calculates matrix elements with this Lagrangian to any given order of perturbation theory, the result will simply be the most general possible S-matrix consistent with analyticity, perturbative unitarity, cluster decomposition, and the assumed symmetry principles.

Physica **96A**, 327 (1979)

Weinberg's Folk Theorem is the stepping stone to what has become known as an **Effective Field Theory (EFT)**.
Here, in short, the reasoning:

QCD at low energy is non-perturbative and, therefore, not solvable analytically in terms of the “fundamental” degrees of freedom (dof); **quarks and gluons** are ineffective dof at low energy.

Below the chiral symmetry breaking scale $\Lambda_\chi \approx 1 \text{ GeV}$ **pions and nucleons** are the appropriate dof.

Moreover, pions are Goldstone bosons which typically interact weakly. Thus, there is hope that a perturbative approach might work.

To ensure the connection with **QCD**, we must observe the same symmetries as low-energy QCD, particularly, **spontaneously broken chiral symmetry**, such that our **chiral EFT can be identified with low-energy QCD**.

How to do this EFT program?

Take the following steps:

- Write down the most general Lagrangian including **all** terms consistent with the assumed symmetries, particularly, spontaneously broken chiral symmetry. (Note: There will be infinitely many terms.)
- Calculate Feynman diagrams. (Note: There will be infinitely many diagrams.)
- Find a scheme for assessing the importance of the various diagrams (because we cannot calculate infinitely many diagrams).

The organizational scheme

“Power Counting”

Organize the contributions in terms of $\left(\frac{Q}{\Lambda_\chi}\right)^\nu$;

where Q denotes a momentum (derivative) or a pion mass (m_π);

Λ_χ is the chiral symmetry breaking scale, $\Lambda_\chi \approx 1$ GeV;

and $\nu \geq 0$.



Chiral Perturbation Theory (ChPT)

The Lagrangian

$$\mathcal{L} = \mathcal{L}_{\pi\pi} + \mathcal{L}_{\pi N} + \mathcal{L}_{NN}$$

with

$$\mathcal{L}_{\pi\pi} = \mathcal{L}_{\pi\pi}^{(2)} + \dots$$

$$\mathcal{L}_{\pi N} = \mathcal{L}_{\pi N}^{(1)} + \mathcal{L}_{\pi N}^{(2)} + \mathcal{L}_{\pi N}^{(3)} + \dots$$

$$\mathcal{L}_{NN} = \mathcal{L}_{NN}^{(0)} + \mathcal{L}_{NN}^{(2)} + \mathcal{L}_{NN}^{(4)} + \dots$$

where the superscript refers to the number of derivatives or pion mass insertions.

The pi-pi Lagrangian

At order two (leading order)

- Derivative part

$$\mathcal{L}_{\pi\pi}^{(2)} = \frac{f_\pi^2}{4} \text{Tr} \left[\partial_\mu U \partial^\mu U^\dagger \right]$$

with $U = \exp(i\vec{\tau} \cdot \vec{\pi} / f_\pi)$ (any number of pion fields).

Goldstone bosons can only interact when they carry momentum
→ derivative coupling.

Lorentz invariance → even number of derivatives.

- Plus symmetry breaking mass term:

$$\mathcal{L}_{\pi\pi}^{(2)} = \frac{f_\pi^2}{4} \text{Tr} \left[\partial_\mu U \partial^\mu U^\dagger + m_\pi^2 \left(U + U^\dagger \right) \right]$$

The pi-N Lagrangian with one derivative (=lowest order or “leading” order)

$$\mathcal{L}_{\pi N}^{(I)} = \bar{\Psi}_N \left(i\gamma^\mu D_\mu - M_N + \frac{g_A}{2} \gamma^\mu \gamma_5 u_\mu \right) \Psi_N$$

with

$$D_\mu = \partial_\mu + \Gamma_\mu$$

$$\Gamma_\mu = (\xi^\dagger \partial_\mu \xi + \xi \partial_\mu \xi^\dagger) / 2 \approx i\boldsymbol{\tau} \cdot (\boldsymbol{\pi} \times \partial_\mu \boldsymbol{\pi}) / 4f_\pi^2 + \dots$$

$$u_\mu = i(\xi^\dagger \partial_\mu \xi - \xi \partial_\mu \xi^\dagger) \approx -\boldsymbol{\tau} \cdot \partial_\mu \boldsymbol{\pi} / f_\pi + \dots$$

$$U = \xi \xi$$

$$\xi = e^{i\boldsymbol{\tau} \cdot \boldsymbol{\pi} / 2f_\pi} \approx 1 + \frac{i\boldsymbol{\tau} \cdot \boldsymbol{\pi}}{2f_\pi} - \frac{\boldsymbol{\pi}^2}{8f_\pi^2} + \dots$$

and

$$f_\pi = 92.4 \text{ MeV}$$

$$g_A = g_{\pi NN} f_\pi / M_N = 1.29$$

$$\text{equivalent to } g_{\pi NN}^2 / 4\pi = 13.67$$

Non-linear realization of chiral symmetry; Callan, Coleman, Wess, and Zumino, PR 177, 2247 (1969).

pi-N Lagrangian, cont' d

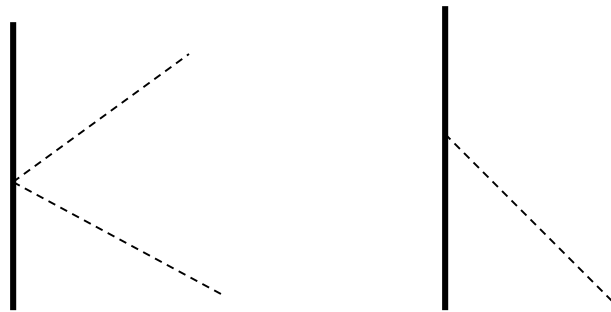
The M_N term is a problem.

$\Rightarrow$ Perform a $1/M_N$ expansion to remove it.

“Heavy Baryon Chiral Perturbation Theory”

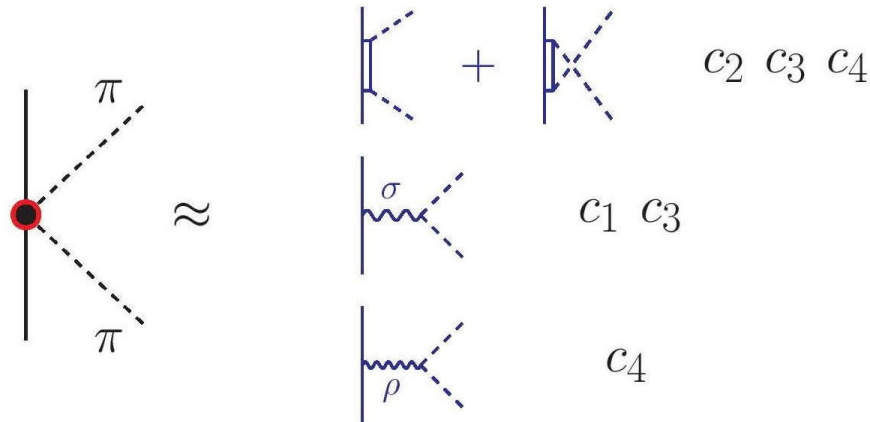
$$\begin{aligned}\mathcal{L}_{\pi N}^{(I)} &= \bar{\Psi}_N \left(i\gamma^\mu D_\mu - M_N + \frac{g_A}{2} \gamma^\mu \gamma_5 u_\mu \right) \Psi_N \\ &\approx \mathcal{L}_{\pi N}^{(1)} + \mathcal{L}_{\pi N, M_N}^{(2)} + \mathcal{L}_{\pi N, M_N}^{(3)} + \dots\end{aligned}$$

$$\begin{aligned}\mathcal{L}_{\pi N}^{(1)} &= \bar{N} \left(\begin{array}{cc} iD_0 & -\frac{g_A}{2} \vec{\sigma} \cdot \vec{u} \end{array} \right) N \\ &\approx \bar{N} \left[i\partial_0 - \frac{1}{4f_\pi^2} \boldsymbol{\tau} \cdot (\boldsymbol{\pi} \times \partial_0 \boldsymbol{\pi}) - \frac{g_A}{2f_\pi} \boldsymbol{\tau} \cdot (\vec{\sigma} \cdot \vec{\nabla}) \boldsymbol{\pi} \right] N + \dots\end{aligned}$$



pi-N Lagrangian with two derivatives (“next-to-leading” order)

$$\begin{aligned}
 \mathcal{L}_{\pi N, c_i}^{(2)} = & \bar{N} \left[2 c_1 m_\pi^2 (U + U^\dagger) \right. \\
 & + \left(c_2 - \frac{g_A^2}{8M_N} \right) u_0^2 \\
 & + c_3 u_\mu u^\mu \\
 & \left. + \frac{i}{2} \left(c_4 + \frac{1}{4M_N} \right) \vec{\sigma} \cdot (\vec{u} \times \vec{u}) \right] N
 \end{aligned}$$



The N-N Langrangian (“contact terms”)

- At order zero (leading order):

$$\mathcal{L}_{NN}^{(0)} = -\frac{1}{2}C_S \bar{N}N \bar{N}N - \frac{1}{2}C_T \bar{N} \vec{\sigma} N \bar{N} \vec{\sigma} N$$

- At order two:

$$\begin{aligned} \mathcal{L}_{NN}^{(2)} = & -C'_1[(\bar{N} \vec{\nabla} N)^2 + (\vec{\nabla} \bar{N} N)^2] - C'_2(\bar{N} \vec{\nabla} N) \cdot (\vec{\nabla} \bar{N} N) - C'_3 \bar{N} N [\bar{N} \vec{\nabla}^2 N + \vec{\nabla}^2 \bar{N} N] \\ & - iC'_4[\bar{N} \vec{\nabla} N \cdot (\vec{\nabla} \bar{N} \times \vec{\sigma} N) + (\vec{\nabla} \bar{N}) N \cdot (\bar{N} \vec{\sigma} \times \vec{\nabla} N)] - iC'_5 \bar{N} N (\vec{\nabla} \bar{N} \cdot \vec{\sigma} \times \vec{\nabla} N) \\ & - iC'_6(\bar{N} \vec{\sigma} N) \cdot (\vec{\nabla} \bar{N} \times \vec{\nabla} N) \\ & - (C'_7 \delta_{ik} \delta_{jl} + C'_8 \delta_{il} \delta_{kj} + C'_9 \delta_{ij} \delta_{kl}) [\bar{N} \sigma_k \partial_i N \bar{N} \sigma_l \partial_j N + \partial_i \bar{N} \sigma_k N \partial_j \bar{N} \sigma_l N] \\ & - (C'_{10} \delta_{ik} \delta_{jl} + C'_{11} \delta_{il} \delta_{kj} + C'_{12} \delta_{ij} \delta_{kl}) \bar{N} \sigma_k \partial_i N \partial_j \bar{N} \sigma_l N \\ & - (\frac{1}{2} C'_{13} (\delta_{ik} \delta_{jl} + \delta_{il} \delta_{kj}) + C'_{14} \delta_{ij} \delta_{kl}) [\partial_i \bar{N} \sigma_k \partial_j N + \partial_j \bar{N} \sigma_k \partial_i N] \bar{N} \sigma_l N, \end{aligned}$$

- At order

$$\mathcal{L}_{NN}^{(4)} = \dots$$

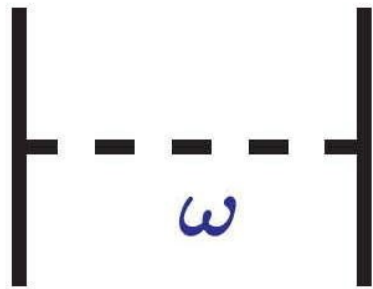
Why contact terms?

Two reasons:

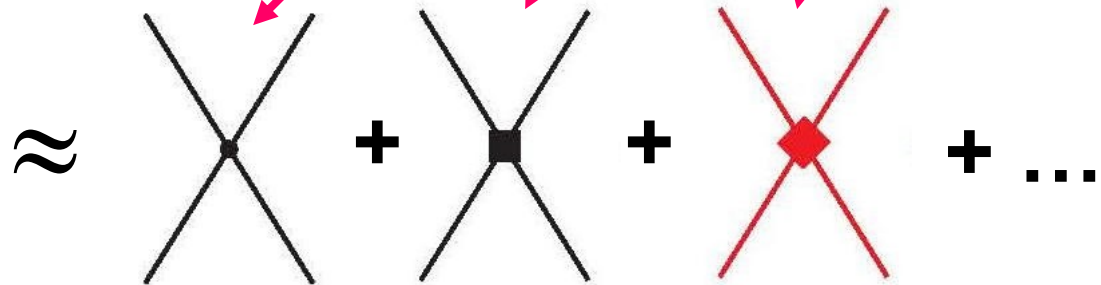
- Renormalization:
Absorb infinities from loop integrals.
- A physics reason (see next slide).

What is the physics of contact terms?

Consider the contribution from the exchange of a heavy meson



$$\frac{1}{m_\omega^2 + Q^2} \approx \frac{1}{m_\omega^2} \left[1 - \frac{Q^2}{m_\omega^2} + \frac{Q^4}{m_\omega^2} - \dots \right]$$



Contact terms take care of the short range structures without resolving them.

Remember the homework we have to do

- Write down the most general Lagrangian including **all** terms consistent with the assumed symmetries, particularly spontaneously broken chiral symmetry. (Note: There will be infinitely many terms.)

- Calculate Feynman diagrams.

(There will be infinitely many diagrams.)

(Note:

- Find a scheme for assessing the importance of the various diagrams (since we cannot calculate infinitely many diagrams).

The Diagrams

Power counting for Feynman diagrams

$$\text{Power} = -2 + 2A - 2C + 2L + \sum_{\text{all vertices}} \Delta_i$$

with

A = number of nucleons;

C = number of separately connected pieces;

L = number of loops;

$$\Delta_i = d_i + \frac{n_i}{2} - 2,$$

where

d_i = number of derivatives,

n_i = number of nucleon operators.

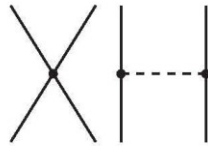
2N forces

3N forces

4N forces

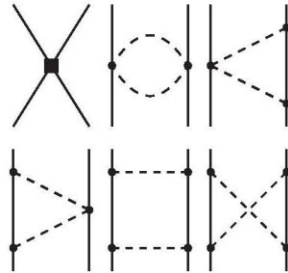
Leading
Order

Q^0
LO



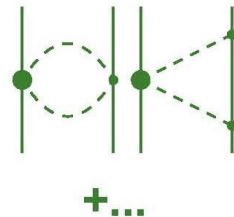
Next-to
Leading
Order

Q^2
NLO



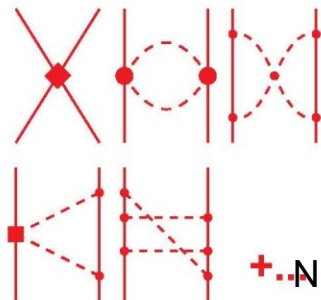
Next-to-
Next-to
Leading
Order

Q^3
 N^2LO



Next-to-
Next-to-
Next-to
Leading
Order

Q^4
 N^3LO

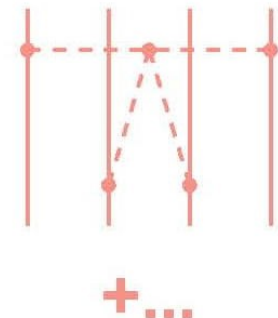
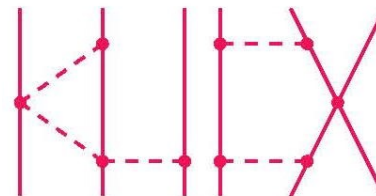
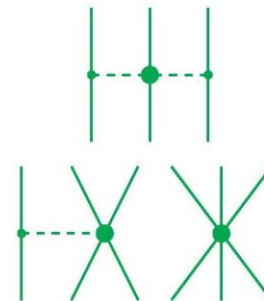


R. Machleidt

The Hierarchy of Nuclear Forces

$$\text{Power} = -2 + 2A - 2C + 2L + \sum_{\text{all vertices}} \Delta_i$$

$$\text{with } \Delta_i = d_i + \frac{n_i}{2} - 2$$



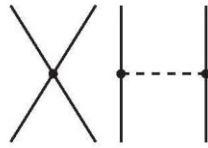
2N forces

3N forces

4N forces

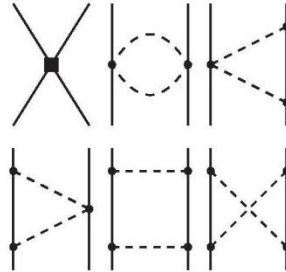
Leading
Order

Q^0
LO



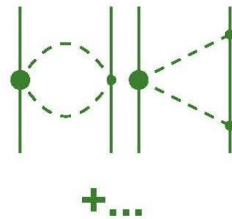
Next-to
Leading
Order

Q^2
NLO



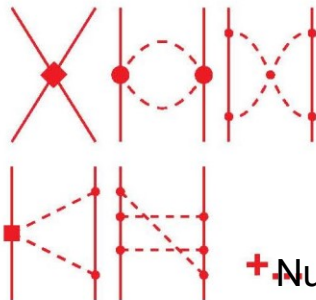
Next-to-
Next-to
Leading
Order

Q^3
 N^2LO



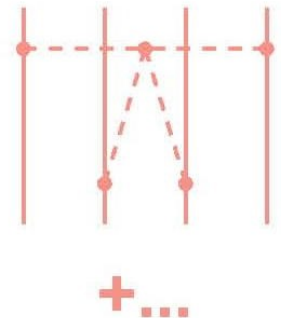
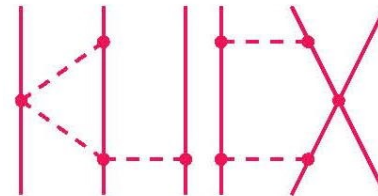
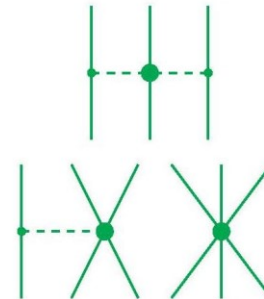
Next-to-
Next-to
Next-to
Leading
Order

Q^4
 N^3LO



+ Nuclear Forces - Lecture 5
NF from EFT I (Sendai'14)

The Hierarchy of
Nuclear Forces



2N forces

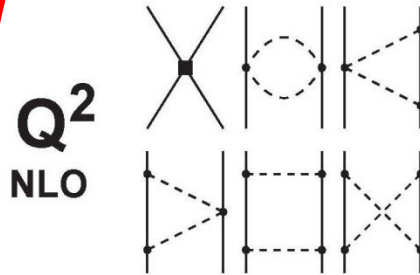
3N forces

4N forces

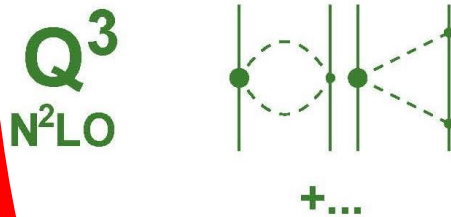
Leading
Order



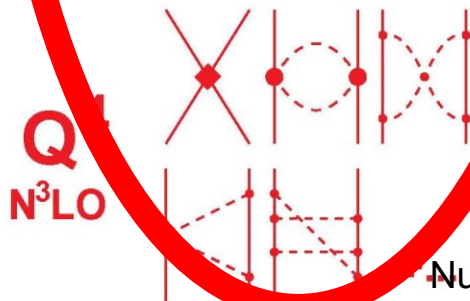
Next-to
Leading
Order



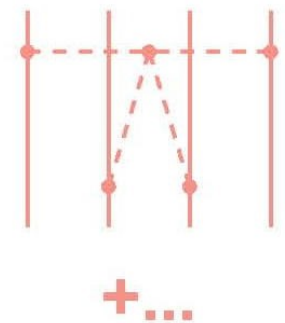
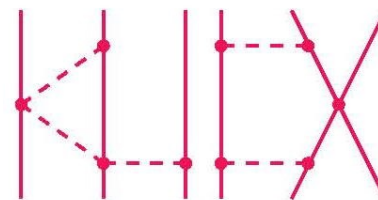
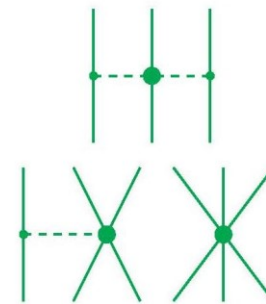
Next-to-
Next-to
Leading
Order



Next-to-
Next-to
Leading
Order



The Hierarchy of
Nuclear Forces



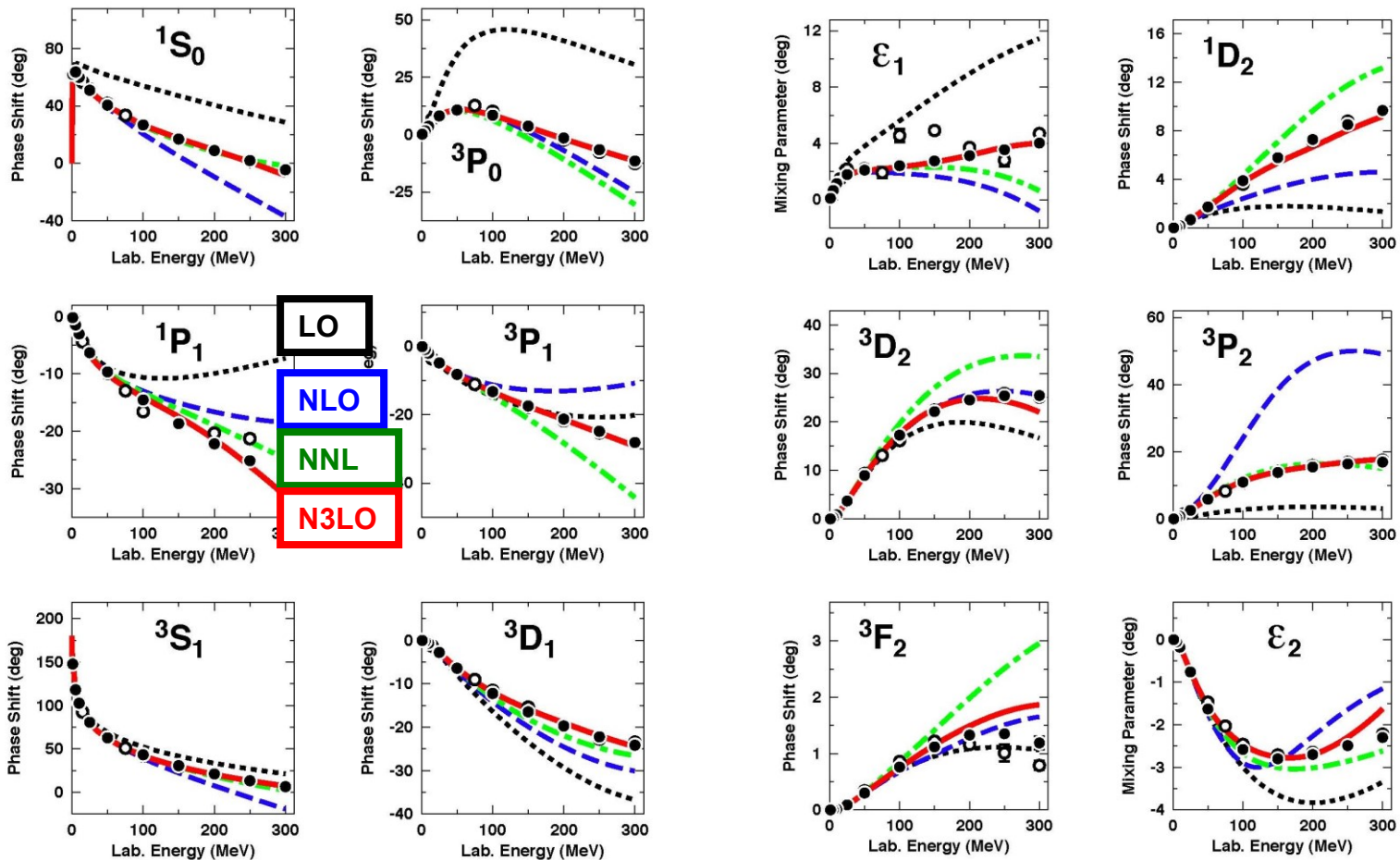
NN phase shifts up to 300 MeV

Red Line: N3LO Potential by Entem & Machleidt, PRC 68, 041001 (2003).

Green dash-dotted line: NNLO Potential, and

blue dashed line: NLO Potential

by Epelbaum et al., Eur. Phys. J. A19, 401 (2004).



χ^2/datum for the reproduction of the 1999 *np* database

Bin (MeV)	# of data	N ³ LO	NNLO	NLO	AV18
0–100	1058	1.05	1.7	4.5	0.95
100–190	501	1.08	22	100	1.10
190–290	843	1.15	47	180	1.11
0–290	2402	1.10	20	86	1.04

N³LO Potential by Entem & Machleidt, PRC 68, 041001 (2003).

NNLO and NLO Potentials by Epelbaum et al., Eur. Phys. J. A19, 401 (2004).

Summary: χ^2/datum

- NLO: ≈ 100
- NNLO: ≈ 10
- N3LO: ≈ 1

Great rate of convergence of ChPT!

Parameters

- pi-pi Lagrangian: $\mathcal{L}_{\pi\pi}^{(2)} = \frac{f_\pi^2}{4} \text{Tr} \left[\partial_\mu U \partial^\mu U^\dagger + m_\pi^2 (U + U^\dagger) \right];$
 m_π and f_π are fixed ($f_\pi = 92.4$ MeV). **No free parameters.**
- pi-N Lagrangians: $L_{\pi N}^{(1)} = \bar{N} \left[i\partial_0 - \frac{1}{4f_\pi^2} \boldsymbol{\tau} \cdot (\boldsymbol{\pi} \times \partial_0 \boldsymbol{\pi}) - \frac{g_A}{2f_\pi} \boldsymbol{\tau} \cdot (\vec{\sigma} \cdot \vec{\nabla}) \boldsymbol{\pi} \right] N$
 $g_A = 1.29$, **no free parameters.**

$L_{\pi N}^{(2)} :$	4 parameters.	}	In principal fixed by pi-N data; but cf. Table on next slide.
$L_{\pi N}^{(3)} :$	4 parameters.		
- N-N Lagrangian (“Contacts”): **2+7+15=24 essentially free parameters.**

The free parameters are used to adjust the potential to the empirical NN phase shifts and data.

Parameters, cont' d

pi-N Lagrangian parameters

TABLE I. Low-energy constants applied in the $N^3\text{LO}$ NN potential (column ' NN '). The c_i belong to the dimension-two πN Lagrangian and are in units of GeV^{-1} , while the $\bar{d}_i$ are associated with the dimension-three Lagrangian and are in units of GeV^{-2} . The column ' πN ' shows values determined from πN data.

		NN	πN
$L_{\pi N}^{(2)} :$	c_1	-0.81	-0.81 ± 0.15^a
	c_2	2.80	3.28 ± 0.23^b
	c_3	-3.20	-4.69 ± 1.34^a
	c_4	5.40	3.40 ± 0.04^a
$L_{\pi N}^{(3)} :$	$\bar{d}_1 + \bar{d}_2$	3.06	3.06 ± 0.21^b
	$\bar{d}_3$	-3.27	-3.27 ± 0.73^b
	$\bar{d}_5$	0.45	0.45 ± 0.42^b
	$\bar{d}_{14} - \bar{d}_{15}$	-5.65	-5.65 ± 0.41^b

Parameters, cont' d.

of contact parameters
compared to
phenomenological fits

NUMBER OF PARAMETERS
for the np potential

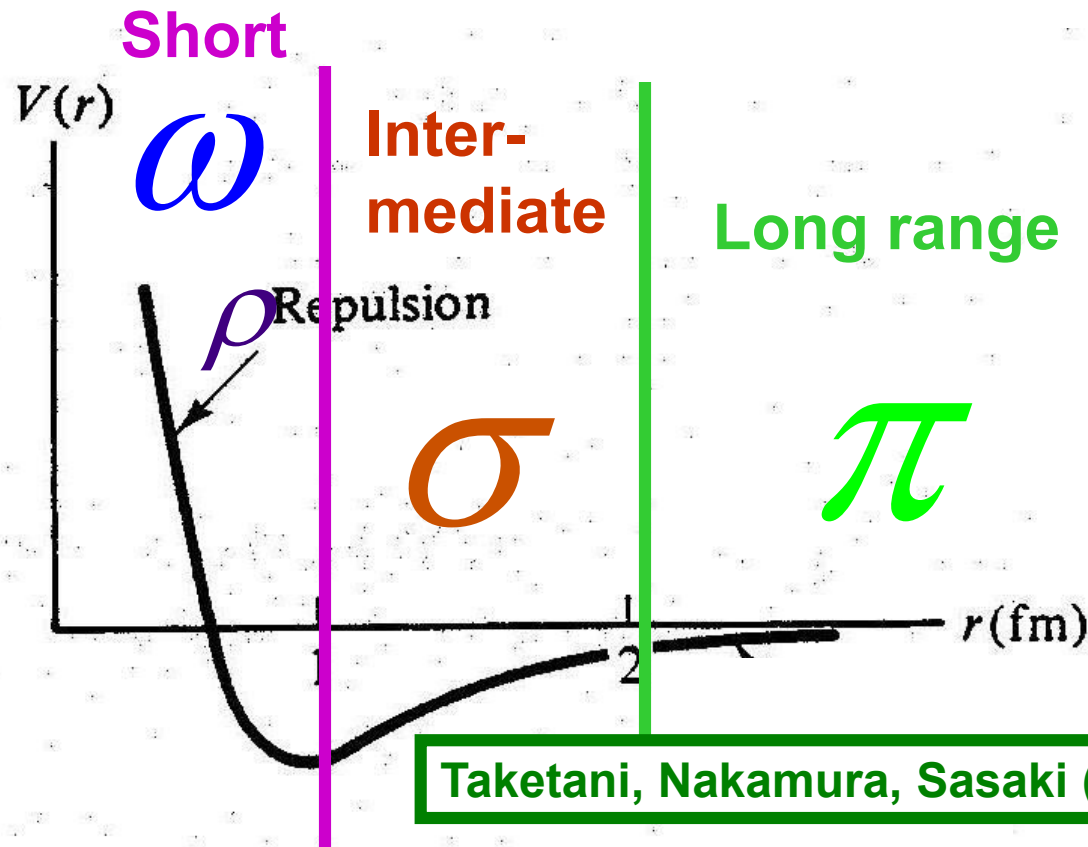
	Nijmegen PWA93	CD-Bonn “high precision”	NLO Q^2 (NNLO)	N ³ LO Q^4 (N ⁴ LO)	N ⁵ LO Q^6
1S_0	3	4	2	4	6
3S_1	3	4	2	4	6
3S_1 - 3D_1	2	2	1	3	6
1P_1	3	3	1	2	4
3P_0	3	2	1	2	4
3P_1	2	2	1	2	4
3P_2	3	3	1	2	4
3P_2 - 3F_2	2	1	0	1	3
1D_2	2	3	0	1	2
3D_1	2	1	0	1	2
3D_2	2	2	0	1	2
3D_3	1	2	0	1	2
3D_3 - 3G_3	1	0	0	0	1
1F_3	1	1	0	0	1
3F_2	1	2	0	0	1
3F_3	1	2	0	0	1
3F_4	2	1	0	0	1
3F_4 - 3H_4	0	0	0	0	0
1G_4	1	0	0	0	0
3G_3	0	1	0	0	0
3G_4	0	1	0	0	0
3G_5	0	1	0	0	0
Total	35	38	9	24	50

How does the chiral EFT approach compare to conventional meson theory?

Main differences

- **Chiral perturbation theory (ChPT)** is an expansion in terms of small momenta.
- **Meson theory** is an expansion in terms of ranges (masses).

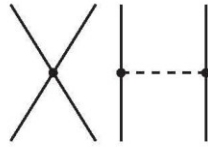
The nuclear force in the meson picture



2N forces

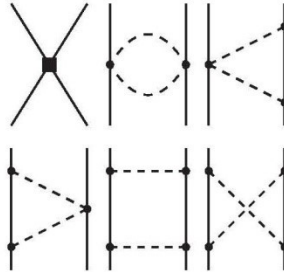
Leading
Order

Q^0
LO



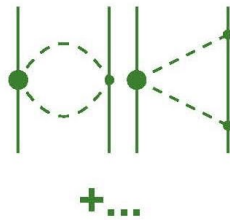
Next-to
Leading
Order

Q^2
NLO



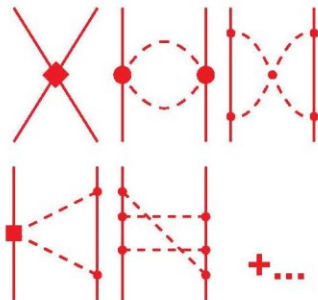
Next-to-
Next-to
Leading
Order

Q^3
 N^2LO



Next-to-
Next-to-
Next-to
Leading
Order

Q^4
 N^3LO



ChPT

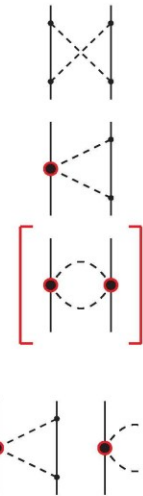
Conventional meson theory

OPE



TPE

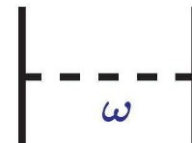
χ 2π exchange



Conventional 2π exchange
(BONN)



**Short
range**



Question: When everything is so equivalent to conventional meson theory, why not continue to use conventional meson theory?

- **Chiral EFT claims to be a theory, while “meson theory” is a model.**
- Chiral EFT has a clear connection to QCD, while the QCD-connection of the meson model is more hand-woven.
- In ChPT, there is an organizational scheme (“power counting”) that allows to estimate the size of the various contributions and the uncertainty at a given order (i.e., the size of the contributions we left out).
- **Two- and many-body force contributions are generated on an equal footing in ChPT.**

End Lecture 5